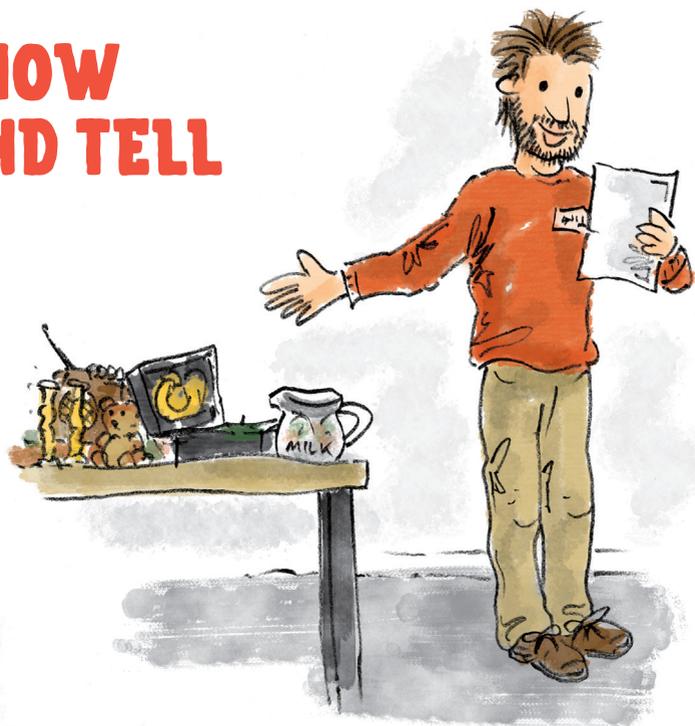


SHOW AND TELL



HOW TO RUN THE SESSION



Pre-activity preparation:

Choose a selection of objects and show them to a few participants who have volunteered to be the story teller.

Ask the volunteers to pick one object of interest and to prepare a story with a time limit (e.g. 5 mins). Invite them to prepare for this in a variety of ways, such as, creating a poem or a story or a reflection from the object's perspective.

Activity:

1. The session starts with time for participants to explore the objects on display, chat and mingle.
2. The volunteers are then invited to share their stories, followed by structured time for people to reflect on and explore their own memories and thoughts.
3. These thoughts from the participants can then be incorporated into the original stories and the group can do a piece of creative writing together.
4. The whole group comes together to share reflections to see if there are connections between groups.



RESOURCE LIST

At least one object per person but two each would be better; table to display objects; paper for written feedback; feedback prompts (p14).



TIME TO SET UP AND DELIVER

Sourcing objects 1+ hr
Room set up 1 hr
Delivering the session 1-2 hrs



NO. OF PEOPLE IT'S SUITABLE FOR

Minimum - 6. Maximum - capacity of room.